



# Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

## Detailed evaluation

Hölzchen, Jasper

Total time: 36:51

Club: DLRG Uslar

Number: 24

Course: 13.00 km

Rank in course/Total: 3 (of 3)

Carboo4u Triathlon Schüler A/Jugend B

Rank in course/Men: 3 (of 3)

Best time in course: 27:43

Category:

Rank in category: 1(of 1)

männliche Jugend B (14+15 Jahre)

Best time in the category: 36:51

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.40	6:28	16:09	1	-	1	-	0.40	6:28	16:09	1	-	1	-
Wechsel S -> R	0.05	0:52	17:19	1	-	1	-	0.45	7:20	16:17	1	-	1	-
Schwimmen Total	0.45	7:20	16:17	1	-	1	-	0.45	7:20	16:17	1	-	1	-
Rad netto	10.00	19:27	1:56	1	-	3	11:45	10.45	26:47	2:33	1	-	3	9:26
Wechsel R -> L	0.05	0:28	9:19	1	-	2	0:05	10.50	27:15	2:35	1	-	3	9:31
Rad Total	10.05	19:55	1:58	1	-	3	11:28	10.50	27:15	2:35	1	-	3	9:31
Lauf	2.50	9:36	3:50	1	-	1	-	13.00	36:51	2:50	1	-	3	9:08