



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Homeier, Derek

Total time: 1:30:39

Club: PERSONAL SPORTS | Charity

Number: 0

Course: 34.85 km

Rank in course/Total: 14 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 14 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 5(of 18)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:21:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	16:25	21:53	12	6:24	36	6:24	0.75	16:25	21:53	19	6:24	56	6:24
Wechsel S -> R	0.05	2:14	44:39	12	1:16	38	1:23	0.80	18:39	23:18	19	7:21	56	7:21
Schwimmen Total	0.80	18:39	23:18	19	7:21	56	7:21	0.80	18:39	23:18	19	7:21	56	7:21
Rad netto	29.00	49:04	1:41	1	-	6	2:23	29.80	1:07:43	2:16	19	7:17	56	7:55
Wechsel R -> L	0.05	1:02	20:40	10	0:20	34	0:29	29.85	1:08:45	2:18	19	7:25	56	8:12
Rad Total	29.05	50:06	1:43	2	0:04	7	2:50	29.85	1:08:45	2:18	19	7:25	56	8:12
Lauf	5.00	21:54	4:22	6	1:58	17	5:36	34.85	1:30:39	2:36	5	9:23	14	10:59