



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Borgmann, Roger

Total time: 1:27:09

Club: ASC Göttingen

Number: 0

Course: 34.85 km

Rank in course/Total: 10 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 10 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 1(of 6)

Senioren 3 (50-54 Jahre)

Best time in the category: 1:27:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	10:59	14:38	1	-	2	0:58	0.75	10:59	14:38	1	-	56	0:58
Wechsel S -> R	0.05	1:23	27:39	1	-	14	0:32	0.80	12:22	15:27	1	-	56	1:04
Schwimmen Total	0.80	12:22	15:27	1	-	56	1:04	0.80	12:22	15:27	1	-	56	1:04
Rad netto	29.00	49:45	1:42	1	-	10	3:04	29.80	1:02:07	2:05	1	-	56	2:19
Wechsel R -> L	0.05	0:47	15:39	1	-	18	0:14	29.85	1:02:54	2:06	1	-	56	2:21
Rad Total	29.05	50:32	1:44	1	-	10	3:16	29.85	1:02:54	2:06	1	-	56	2:21
Lauf	5.00	24:15	4:50	2	1:05	32	7:57	34.85	1:27:09	2:30	1	-	10	7:29