



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Kohrs, Markus

Total time: 1:33:34

Number: 0

Course: 34.85 km

Rank in course/Total: 25 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 24 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 6(of 12)

AK4 männlich (35-39 Jahre)

Best time in the category: 1:19:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	13:43	18:17	4	1:55	16	3:42	0.75	13:43	18:17	13	1:55	56	3:42
Wechsel S -> R	0.05	1:34	31:19	6	0:34	20	0:43	0.80	15:17	19:06	13	2:18	56	3:59
Schwimmen Total	0.80	15:17	19:06	13	2:18	56	3:59	0.80	15:17	19:06	13	2:18	56	3:59
Rad netto	29.00	55:26	1:54	7	8:45	28	8:45	29.80	1:10:43	2:22	13	10:55	56	10:55
Wechsel R -> L	0.05	0:52	17:19	6	0:19	21	0:19	29.85	1:11:35	2:23	13	11:02	56	11:02
Rad Total	29.05	56:18	1:56	8	9:02	29	9:02	29.85	1:11:35	2:23	13	11:02	56	11:02
Lauf	5.00	21:59	4:23	5	5:41	19	5:41	34.85	1:33:34	2:41	6	13:54	24	13:54