



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Detailed evaluation

Kohrs, Markus

Total time: 1:33:34

Number: 0

Course: 34.85 km

Rank in course/Total: 25 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 24 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 6(of 12)

AK4 männlich (35-39 Jahre)

Best time in the category: 1:19:40

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.75 | 13:43 | 18:17 | 4 | 1:55 | 16 | 3:42 | 0.75 | 13:43 | 18:17 | 13 | 1:55 | 56 | 3:42 |
| Wechsel S -> R | 0.05 | 1:34 | 31:19 | 6 | 0:34 | 20 | 0:43 | 0.80 | 15:17 | 19:06 | 13 | 2:18 | 56 | 3:59 |
| Schwimmen Total | 0.80 | 15:17 | 19:06 | 13 | 2:18 | 56 | 3:59 | 0.80 | 15:17 | 19:06 | 13 | 2:18 | 56 | 3:59 |
| Rad netto | 29.00 | 55:26 | 1:54 | 7 | 8:45 | 28 | 8:45 | 29.80 | 1:10:43 | 2:22 | 13 | 10:55 | 56 | 10:55 |
| Wechsel R -> L | 0.05 | 0:52 | 17:19 | 6 | 0:19 | 21 | 0:19 | 29.85 | 1:11:35 | 2:23 | 13 | 11:02 | 56 | 11:02 |
| Rad Total | 29.05 | 56:18 | 1:56 | 8 | 9:02 | 29 | 9:02 | 29.85 | 1:11:35 | 2:23 | 13 | 11:02 | 56 | 11:02 |
| Lauf | 5.00 | 21:59 | 4:23 | 5 | 5:41 | 19 | 5:41 | 34.85 | 1:33:34 | 2:41 | 6 | 13:54 | 24 | 13:54 |