



# Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

## Detailed evaluation

Taube, Ingo

Total time: 1:51:10

Number: 0

Course: 34.85 km

Rank in course/Total: 56 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 50 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 6(of 6)

Senioren 1 (40-44 Jahre)

Best time in the category: 1:22:57

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	17:02	22:42	5	5:16	40	7:01	0.75	17:02	22:42	5	5:16	56	7:01
Wechsel S -> R	0.05	3:07	62:19	6	2:07	47	2:16	0.80	20:09	25:11	7	7:07	56	8:51
Schwimmen Total	0.80	20:09	25:11	7	7:07	56	8:51	0.80	20:09	25:11	7	7:07	56	8:51
Rad netto	29.00	1:02:39	2:09	6	15:05	50	15:58	29.80	1:22:48	2:46	6	20:26	56	23:00
Wechsel R -> L	0.05	1:10	23:19	5	0:29	44	0:37	29.85	1:23:58	2:48	6	20:55	56	23:25
Rad Total	29.05	1:03:49	2:11	6	15:22	49	16:33	29.85	1:23:58	2:48	6	20:55	56	23:25
Lauf	5.00	27:12	5:26	5	8:05	48	10:54	34.85	1:51:10	3:11	6	28:13	50	31:30