



# Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

## Detailed evaluation

**König, Heiko**

Total time: 1:49:09

Club: Team Erdinger Alkoholfrei

Number: 0

Course: 34.85 km

Rank in course/Total: 52 (of 64)

Carboo4u Triathlon Challenge

Rank in course/Men: 47 (of 55)

Best time in course: 1:19:40

Category:

Rank in category: 16(of 18)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:21:16

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	15:00	20:00	7	4:59	28	4:59	0.75	15:00	20:00	19	4:59	56	4:59
Wechsel S -> R	0.05	1:46	35:19	8	0:48	25	0:55	0.80	16:46	20:57	19	5:28	56	5:28
Schwimmen Total	0.80	16:46	20:57	19	5:28	56	5:28	0.80	16:46	20:57	19	5:28	56	5:28
Rad netto	29.00	1:03:25	2:11	16	14:21	52	16:44	29.80	1:20:11	2:41	19	19:45	56	20:23
Wechsel R -> L	0.05	1:33	31:00	17	0:51	51	1:00	29.85	1:21:44	2:44	19	20:24	56	21:11
Rad Total	29.05	1:04:58	2:14	16	14:56	53	17:42	29.85	1:21:44	2:44	19	20:24	56	21:11
Lauf	5.00	27:25	5:29	17	7:29	51	11:07	34.85	1:49:09	3:07	16	27:53	47	29:29