



# Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

## Detailed evaluation

Werksteam Spanex

Total time: 1:39:51

Club: Werksteam Spanex

Number: 164

Course: 34.85 km

Rank in course/Total: 3 (of 12)

Carboo4u Triathlon Firmen- und Staffeltriathlon Rank in course/Total: 3 (of 12)

Best time in course: 1:22:17

Category:

Rank in category: 3(of 12)

Staffel

Best time in the category: 1:22:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.75	17:15	23:00	5	3:44	5	3:44	0.75	17:15	23:00	5	3:44	5	3:44	
Wechsel S -> R	0.05	0:21	6:59	4	0:05	4	0:05	0.80	17:36	22:00	5	3:46	5	3:46	
Schwimmen Total	0.80	17:36	22:00	5	3:46	5	3:46	0.80	17:36	22:00	5	3:46	5	3:46	
Rad netto	29.00	58:15	2:00	3	8:35	3	8:35	29.80	1:15:51	2:32	2	12:21	2	12:21	
Wechsel R -> L	0.05	0:38	12:39	10	0:18	10	0:18	29.85	1:16:29	2:33	2	12:37	2	12:37	
Rad Total	29.05	58:53	2:01	3	8:51	3	8:51	29.85	1:16:29	2:33	2	12:37	2	12:37	
Lauf	5.00	23:22	4:40	5	4:57	5	4:57	34.85	1:39:51	2:51	3	17:34	3	17:34	