



4. Creuzburger Stadtlauf

Creuzburg / 27.06.2015

Detailed evaluation

Pawlow, Kamen

Club: FSV 1950 Gotha

Number: 919

Course: 13.50 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:05:19

Speed: 11.94 km/h

Running performance: 4:50 min/km

Rank in course/Total: 38 (of 111)

Rank in course/Men: 36 (of 83)

Best time in course: 51:23

Rank in category: 6(of 10)

Best time in the category: 56:56