



4. Creuzburger Stadtlauf

Creuzburg / 27.06.2015

Detailed evaluation

Nessel, Torsten

Club: sc impuls erfurt

Number: 917

Course: 13.50 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:15:06

Speed: 10.39 km/h

Running performance: 5:34 min/km

Rank in course/Total: 76 (of 111)

Rank in course/Men: 63 (of 83)

Best time in course: 51:23

Rank in category: 9(of 10)

Best time in the category: 52:01