



4. Creuzburger Stadtlauf

Creuzburg / 27.06.2015

Detailed evaluation

Haag, Heike

Club: Die flinken Gerataler

Number: 893

Course: 13.50 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:16:05

Speed: 10.25 km/h

Running performance: 5:38 min/km

Rank in course/Total: 81 (of 111)

Rank in course/Women: 16 (of 28)

Best time in course: 57:38

Rank in category: 6(of 8)

Best time in the category: 1:03:57