



4. Creuzburger Stadtlauf

Creuzburg / 27.06.2015

Detailed evaluation

Werlich, Gerhard

Club: SV Thuringia Königsee

Number: 952

Course: 13.50 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:21:00

Speed: 9.63 km/h

Running performance: 6:00 min/km

Rank in course/Total: 91 (of 111)

Rank in course/Men: 71 (of 83)

Best time in course: 51:23

Rank in category: 9(of 10)

Best time in the category: 56:56