



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

NUTS

Total time: 3:57:03

Number: 38

Speed: 10.63 km/h

Running performance: 5:37 min/km

Course: 42.20 km

Erfurt Marathon 4er Staffel

Rank in course: 12 (of 28)

Best time in course: 3:12:40

Category:

Rank in category: 3(of 12)

4er Mixstaffel

Best time in the category: 3:25:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	53:03	5:28	4	10:18	14	10:18	9.68	53:03	5:28	4	10:18	14	10:18
Wechselstelle 2	11.14	1:18:00	7:00	9	29:37	23	29:37	20.82	2:11:03	6:17	8	39:55	21	39:55
Wechselstelle 3	9.31	46:00	4:56	1	-	6	6:15	30.13	2:57:03	5:52	5	31:22	16	36:49
Erfurt	12.10	1:00:00	4:57	4	2:57	11	9:03	42.20	3:57:03	5:37	3	31:55	12	44:23