



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Die Goth`schen Vier

Number: 32

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Mixstaffel

Total time: 4:08:06

Speed: 10.21 km/h

Running performance: 5:53 min/km

Rank in course: 15 (of 28)

Best time in course: 3:12:40

Rank in category: 5(of 12)

Best time in the category: 3:25:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	1:02:26	6:26	9	19:41	23	19:41	9.68	1:02:26	6:26	9	19:41	23	19:41
Wechselstelle 2	11.14	52:36	4:43	2	4:13	3	4:13	20.82	1:55:02	5:31	2	23:54	12	23:54
Wechselstelle 3	9.31	58:56	6:19	8	12:56	22	19:11	30.13	2:53:58	5:46	4	28:17	15	33:44
Erfurt	12.10	1:14:08	6:07	10	17:05	23	23:11	42.20	4:08:06	5:52	5	42:58	15	55:26