



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Runtastic Four

Number: 91

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Mixstaffel

Total time: 4:17:16

Speed: 9.80 km/h

Running performance: 6:06 min/km

Rank in course: 17 (of 28)

Best time in course: 3:12:40

Rank in category: 6(of 12)

Best time in the category: 3:25:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	56:06	5:47	8	13:21	19	13:21	9.68	56:06	5:47	8	13:21	19	13:21
Wechselstelle 2	11.14	1:13:59	6:38	7	25:36	19	25:36	20.82	2:10:05	6:14	7	38:57	20	38:57
Wechselstelle 3	9.31	1:01:12	6:34	11	15:12	26	21:27	30.13	3:11:17	6:20	8	45:36	21	51:03
Erfurt	12.10	1:05:59	5:27	7	8:56	17	15:02	42.20	4:17:16	6:05	6	52:08	17	1:04:36