



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Sonntags halb zehn im Steiger Team **Total time: 4:20:02**

Number: 87

Speed: 9.69 km/h

Running performance: 6:10 min/km

Course: 42.20 km

Erfurt Marathon 4er Staffel

Rank in course: 19 (of 28)

Best time in course: 3:12:40

Category:

4er Frauenstaffel

Rank in category: 3(of 5)

Best time in the category: 4:06:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	57:59	5:59	3	5:21	21	15:14	9.68	57:59	5:59	3	5:21	21	15:14
Wechselstelle 2	11.14	1:16:16	6:50	3	3:29	21	27:53	20.82	2:14:15	6:26	3	8:50	23	43:07
Wechselstelle 3	9.31	59:55	6:26	5	11:52	24	20:10	30.13	3:14:10	6:26	3	20:42	23	53:56
Erfurt	12.10	1:05:52	5:26	2	3:54	16	14:55	42.20	4:20:02	6:09	3	13:08	19	1:07:22