



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Laufladen Team

Number: 94

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 3:15:15

Speed: 12.91 km/h

Running performance: 4:38 min/km

Rank in course: 2 (of 28)

Best time in course: 3:12:40

Rank in category: 2(of 11)

Best time in the category: 3:12:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	47:14	4:52	6	2:32	7	4:29	9.68	47:14	4:52	6	2:32	7	4:29
Wechselstelle 2	11.14	48:42	4:22	1	-	2	0:19	20.82	1:35:56	4:36	1	-	2	4:48
Wechselstelle 3	9.31	46:11	4:57	6	6:26	7	6:26	30.13	2:22:07	4:43	2	1:53	2	1:53
Erfurt	12.10	53:08	4:23	3	2:11	3	2:11	42.20	3:15:15	4:37	2	2:35	2	2:35