



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Run4Fun

Total time: 4:20:20

Number: 63

Speed: 9.68 km/h

Running performance: 6:10 min/km

Course: 42.20 km

Erfurt Marathon 4er Staffel

Rank in course: 20 (of 28)

Best time in course: 3:12:40

Category:

Rank in category: 7(of 12)

4er Mixstaffel

Best time in the category: 3:25:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechselstelle 1	9.68	1:03:37	6:34	11	20:52	25	20:52	9.68	1:03:37	6:34	11	20:52	25	20:52
Wechselstelle 2	11.14	1:02:08	5:34	3	13:45	12	13:45	20.82	2:05:45	6:02	5	34:37	17	34:37
Wechselstelle 3	9.31	1:00:53	6:32	10	14:53	25	21:08	30.13	3:06:38	6:11	7	40:57	20	46:24
Erfurt	12.10	1:13:42	6:05	8	16:39	21	22:45	42.20	4:20:20	6:10	7	55:12	20	1:07:40