



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

4 Freunde sollt ihr sein

Number: 77

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Mixstaffel

Total time: 4:28:10

Speed: 9.40 km/h

Running performance: 6:21 min/km

Rank in course: 24 (of 28)

Best time in course: 3:12:40

Rank in category: 9(of 12)

Best time in the category: 3:25:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechselstelle 1	9.68	1:03:14	6:31	10	20:29	24	20:29	9.68	1:03:14	6:31	10	20:29	24	20:29
Wechselstelle 2	11.14	1:12:01	6:27	6	23:38	17	23:38	20.82	2:15:15	6:29	10	44:07	24	44:07
Wechselstelle 3	9.31	59:10	6:21	9	13:10	23	19:25	30.13	3:14:25	6:27	10	48:44	24	54:11
Erfurt	12.10	1:13:45	6:05	9	16:42	22	22:48	42.20	4:28:10	6:21	9	1:03:02	24	1:15:30