



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Peanut butter and jelly

Number: 26

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Mixstaffel

Total time: 4:35:02

Speed: 9.16 km/h

Running performance: 6:31 min/km

Rank in course: 27 (of 28)

Best time in course: 3:12:40

Rank in category: 11(of 12)

Best time in the category: 3:25:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechselstelle 1	9.68	1:08:13	7:02	12	25:28	28	25:28	9.68	1:08:13	7:02	12	25:28	28	25:28
Wechselstelle 2	11.14	1:38:14	8:49	12	49:51	28	49:51	20.82	2:46:27	7:59	12	1:15:19	28	1:15:19
Wechselstelle 3	9.31	51:32	5:32	4	5:32	13	11:47	30.13	3:37:59	7:14	12	1:12:18	28	1:17:45
Erfurt	12.10	57:03	4:42	1	-	5	6:06	42.20	4:35:02	6:31	11	1:09:54	27	1:22:22