



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Die Seeflitzer

Number: 69

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 3:24:56

Speed: 12.36 km/h

Running performance: 4:52 min/km

Rank in course: 3 (of 28)

Best time in course: 3:12:40

Rank in category: 3(of 11)

Best time in the category: 3:12:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	48:16	4:59	7	3:34	9	5:31	9.68	48:16	4:59	7	3:34	9	5:31
Wechselstelle 2	11.14	1:00:39	5:26	9	11:57	11	12:16	20.82	1:48:55	5:13	7	12:59	8	17:47
Wechselstelle 3	9.31	45:04	4:50	3	5:19	3	5:19	30.13	2:33:59	5:06	6	13:45	7	13:45
Erfurt	12.10	50:57	4:12	1	-	1	-	42.20	3:24:56	4:51	3	12:16	3	12:16