



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Vier Viertel

Number: 59

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Mixstaffel

Total time: 3:25:08

Speed: 12.34 km/h

Running performance: 4:52 min/km

Rank in course: 4 (of 28)

Best time in course: 3:12:40

Rank in category: 1(of 12)

Best time in the category: 3:25:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechselstelle 1	9.68	42:45	4:24	1	-	1	-	9.68	42:45	4:24	1	-	1	-
Wechselstelle 2	11.14	48:23	4:20	1	-	1	-	20.82	1:31:08	4:22	1	-	1	-
Wechselstelle 3	9.31	54:33	5:51	5	8:33	17	14:48	30.13	2:25:41	4:50	1	-	3	5:27
Erfurt	12.10	59:27	4:54	2	2:24	8	8:30	42.20	3:25:08	4:51	1	-	4	12:28