



## 2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

### Detailed evaluation

Die Rennsteine

Number: 55

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 3:26:04

Speed: 12.23 km/h

Running performance: 4:53 min/km

Rank in course: 6 (of 28)

Best time in course: 3:12:40

Rank in category: 5(of 11)

Best time in the category: 3:12:40

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	47:00	4:51	4	2:18	5	4:15	9.68	47:00	4:51	4	2:18	5	4:15
Wechselstelle 2	11.14	56:13	5:02	6	7:31	8	7:50	20.82	1:43:13	4:57	4	7:17	5	12:05
Wechselstelle 3	9.31	44:26	4:46	2	4:41	2	4:41	30.13	2:27:39	4:54	3	7:25	4	7:25
Erfurt	12.10	58:25	4:49	5	7:28	6	7:28	42.20	3:26:04	4:52	5	13:24	6	13:24