



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

Die Dittmars

Total time: 3:36:44

Number: 97

Speed: 11.63 km/h

Running performance: 5:08 min/km

Course: 42.20 km

Erfurt Marathon 4er Staffel

Rank in course: 7 (of 28)

Best time in course: 3:12:40

Category:

4er Männerstaffel

Rank in category: 6(of 11)

Best time in the category: 3:12:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	48:45	5:02	8	4:03	11	6:00	9.68	48:45	5:02	8	4:03	11	6:00
Wechselstelle 2	11.14	56:01	5:01	5	7:19	7	7:38	20.82	1:44:46	5:01	5	8:50	6	13:38
Wechselstelle 3	9.31	52:10	5:36	8	12:25	15	12:25	30.13	2:36:56	5:12	7	16:42	8	16:42
Erfurt	12.10	59:48	4:56	7	8:51	10	8:51	42.20	3:36:44	5:08	6	24:04	7	24:04