



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

Detailed evaluation

JeMiPaSi

Total time: 3:42:55

Number: 90

Speed: 11.30 km/h

Running performance: 5:17 min/km

Course: 42.20 km

Erfurt Marathon 4er Staffel

Rank in course: 8 (of 28)

Best time in course: 3:12:40

Category:

4er Männerstaffel

Rank in category: 7(of 11)

Best time in the category: 3:12:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	46:17	4:46	3	1:35	4	3:32	9.68	46:17	4:46	3	1:35	4	3:32
Wechselstelle 2	11.14	1:03:38	5:42	11	14:56	15	15:15	20.82	1:49:55	5:16	8	13:59	9	18:47
Wechselstelle 3	9.31	48:21	5:11	7	8:36	9	8:36	30.13	2:38:16	5:15	8	18:02	9	18:02
Erfurt	12.10	1:04:39	5:20	8	13:42	13	13:42	42.20	3:42:55	5:16	7	30:15	8	30:15