



Erfurt Marathon
Erfurt / 29.08.2015

Detailed evaluation

Grimm, Michel

Club: Rise-n-Shine Endurance Team
Number: 72

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 3:36:35

Speed: 11.64 km/h
Running performance: 5:08 min/km

Rank in course/Total: 6 (of 49)

Rank in course/Men: 6 (of 45)

Best time in course: 3:04:14

Rank in category: 6(of 45)

Best time in the category: 3:04:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	20:38	4:29	8	1:43	8	1:43	4.59	20:38	4:29	8	1:43	8	1:43
Wechselstelle 1	5.09	25:32	5:00	8	9:10	8	9:10	9.68	46:10	4:46	7	4:40	7	4:40
Wechselstelle 2	11.40	57:17	5:01	8	7:28	8	7:28	21.08	1:43:27	4:54	5	12:08	5	12:08
südlichster Punkt	5.28	28:21	5:22	7	4:02	7	4:02	26.36	2:11:48	5:00	6	15:55	6	15:55
Wechselstelle 3	3.99	21:27	5:22	10	20:41	10	20:41	30.35	2:33:15	5:02	6	19:05	6	19:05
Nordpark Erfurt	12.20	1:03:20	5:11	7	13:16	7	13:16	42.20	3:36:35	5:07	6	32:21	6	32:21