



Erfurt Marathon
Erfurt / 29.08.2015

Detailed evaluation

Krauss, Roland

Club: Kammerstein
Number: 118

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 3:54:08

Speed: 10.81 km/h
Running performance: 5:33 min/km

Rank in course/Total: 12 (of 49)

Rank in course/Men: 12 (of 45)

Best time in course: 3:04:14

Rank in category: 12(of 45)

Best time in the category: 3:04:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	21:20	4:38	11	2:25	11	2:25	4.59	21:20	4:38	11	2:25	11	2:25
Wechselstelle 1	5.09	26:41	5:14	16	10:19	16	10:19	9.68	48:01	4:57	12	6:31	12	6:31
Wechselstelle 2	11.40	1:02:33	5:29	14	12:44	14	12:44	21.08	1:50:34	5:14	15	19:15	15	19:15
südlichster Punkt	5.28	32:11	6:05	23	7:52	23	7:52	26.36	2:22:45	5:24	16	26:52	16	26:52
Wechselstelle 3	3.99	24:23	6:06	20	23:37	20	23:37	30.35	2:47:08	5:30	16	32:58	16	32:58
Nordpark Erfurt	12.20	1:07:00	5:29	11	16:56	11	16:56	42.20	3:54:08	5:32	12	49:54	12	49:54