



Erfurt Marathon
Erfurt / 29.08.2015

Detailed evaluation

Pohl, Mathias

Club: LTV Erfurt
Number: 105

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 4:03:23

Speed: 10.35 km/h
Running performance: 5:46 min/km

Rank in course/Total: 20 (of 49)

Rank in course/Men: 20 (of 45)

Best time in course: 3:04:14

Rank in category: 20(of 45)

Best time in the category: 3:04:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men			
nördlichster Punkt	4.59	24:19	5:17	30	5:24	30	5:24	4.59	24:19	5:17	30	5:24	30	5:24			
Wechselstelle 1	5.09	27:55	5:29	26	11:33	26	11:33	9.68	52:14	5:23	29	10:44	29	10:44			
Wechselstelle 2	11.40	1:05:01	5:42	23	15:12	23	15:12	21.08	1:57:15	5:33	26	25:56	26	25:56			
südlichster Punkt	5.28	31:18	5:55	19	6:59	19	6:59	26.36	2:28:33	5:38	22	32:40	22	32:40			
Wechselstelle 3	3.99	23:41	5:56	15	22:55	15	22:55	30.35	2:52:14	5:40	23	38:04	23	38:04			
Nordpark Erfurt	12.20	1:11:09	5:49	16	21:05	16	21:05	42.20	4:03:23	5:46	20	59:09	20	59:09			