



Detailed evaluation

Kraushaar, Torsten

Club: annakram e.V.

Number: 1

Course: 42.20 km

Marathon Einzel

Category:

Männer

Total time: 4:03:44

Speed: 10.39 km/h

Running performance: 5:47 min/km

Rank in course/Total: 21 (of 49)

Rank in course/Men: 21 (of 45)

Best time in course: 3:04:14

Rank in category: 21(of 45)

Best time in the category: 3:04:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
nördlichster Punkt	4.59	19:46	4:18	4	0:51	4	0:51	4.59	19:46	4:18	4	0:51	4	0:51
Wechselstelle 1	5.09	24:18	4:46	5	7:56	5	7:56	9.68	44:04	4:33	4	2:34	4	2:34
Wechselstelle 2	11.40	59:57	5:15	12	10:08	12	10:08	21.08	1:44:01	4:56	8	12:42	8	12:42
südlichster Punkt	5.28	37:05	7:01	32	12:46	32	12:46	26.36	2:21:06	5:21	13	25:13	13	25:13
Wechselstelle 3	3.99	28:28	7:08	28	27:42	28	27:42	30.35	2:49:34	5:35	19	35:24	19	35:24
Nordpark Erfurt	12.20	1:14:10	6:04	19	24:06	19	24:06	42.20	4:03:44	5:46	21	59:30	21	59:30