



Erfurt Marathon
Erfurt / 29.08.2015

Detailed evaluation

Helck, Johannes

Club: Ridetrion

Number: 37

Course: 42.20 km

Marathon Einrad

Category:

Männer

Total time: 3:11:01

Speed: 13.19 km/h

Running performance: 4:32 min/km

Rank in course/Total: 13 (of 29)

Rank in course/Men: 10 (of 19)

Best time in course: 2:32:20

Rank in category: 10(of 19)

Best time in the category: 2:32:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	14:42	3:12	4	0:47	4	0:47	4.59	14:42	3:12	4	0:47	4	0:47
Wechselstelle 1	5.09	15:57	3:08	4	0:21	4	0:21	9.68	30:39	3:09	4	0:22	4	0:22
Wechselstelle 2	11.40	47:46	4:11	8	6:03	8	6:03	21.08	1:18:25	3:43	7	6:03	7	6:03
südlichster Punkt	5.28	34:49	6:35	9	10:54	9	10:54	26.36	1:53:14	4:17	8	15:24	8	15:24
Wechselstelle 3	3.99	19:12	4:48	9	5:32	9	5:32	30.35	2:12:26	4:21	9	20:34	9	20:34
Nordpark Erfurt	12.20	58:35	4:48	11	25:38	11	25:38	42.20	3:11:01	4:31	10	38:41	10	38:41