



Erfurt Marathon
Erfurt / 29.08.2015

Detailed evaluation

Berndt, Roland

Club: Erfurt
Number: 89

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 4:55:18

Speed: 8.57 km/h
Running performance: 7:00 min/km

Rank in course/Total: 40 (of 49)

Rank in course/Men: 36 (of 45)

Best time in course: 3:04:14

Rank in category: 36(of 45)

Best time in the category: 3:04:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	24:55	5:25	32	6:00	32	6:00	4.59	24:55	5:25	32	6:00	32	6:00
Wechselstelle 1	5.09	30:32	5:59	33	14:10	33	14:10	9.68	55:27	5:43	32	13:57	32	13:57
Wechselstelle 2	11.40	1:12:23	6:20	33	22:34	33	22:34	21.08	2:07:50	6:03	32	36:31	32	36:31
südlichster Punkt	5.28	38:10	7:13	35	13:51	35	13:51	26.36	2:46:00	6:17	32	50:07	32	50:07
Wechselstelle 3	3.99	33:10	8:18	37	32:24	37	32:24	30.35	3:19:10	6:33	36	1:05:00	36	1:05:00
Nordpark Erfurt	12.20	1:36:08	7:52	39	46:04	39	46:04	42.20	4:55:18	6:59	36	1:51:04	36	1:51:04