



Erfurt Marathon
Erfurt / 29.08.2015

Detailed evaluation

Mühlenberg, Heiko

Club: Team Erdinger Alkoholfrei
Number: 4

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 5:13:24

Speed: 8.08 km/h
Running performance: 7:26 min/km

Rank in course/Total: 45 (of 49)

Rank in course/Men: 41 (of 45)

Best time in course: 3:04:14

Rank in category: 41(of 45)

Best time in the category: 3:04:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	26:01	5:40	37	7:06	37	7:06	4.59	26:01	5:40	37	7:06	37	7:06
Wechselstelle 1	5.09	33:01	6:29	39	16:39	39	16:39	9.68	59:02	6:05	39	17:32	39	17:32
Wechselstelle 2	11.40	1:22:00	7:11	41	32:11	41	32:11	21.08	2:21:02	6:41	41	49:43	41	49:43
südlichster Punkt	5.28	44:14	8:22	41	19:55	41	19:55	26.36	3:05:16	7:01	41	1:09:23	41	1:09:23
Wechselstelle 3	3.99	36:07	9:03	41	35:21	41	35:21	30.35	3:41:23	7:17	41	1:27:13	41	1:27:13
Nordpark Erfurt	12.20	1:32:01	7:32	35	41:57	35	41:57	42.20	5:13:24	7:25	41	2:09:10	41	2:09:10