



## Detailed evaluation

**Okroy, Robert**

Club: Braunschweig  
Number: 109

Course: 42.20 km  
Marathon Einzel

Category:  
Männer

Total time: 7:07:45

Speed: 5.92 km/h  
Running performance: 10:08 min/km

Rank in course/Total: 48 (of 49)

Rank in course/Men: 44 (of 45)

Best time in course: 3:04:14

Rank in category: 44(of 45)

Best time in the category: 3:04:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
nördlichster Punkt	4.59	29:50	6:29	43	10:55	43	10:55	4.59	29:50	6:29	43	10:55	43	10:55
Wechselstelle 1	5.09	34:53	6:51	42	18:31	42	18:31	9.68	1:04:43	6:41	43	23:13	43	23:13
Wechselstelle 2	11.40	3:04:33	16:11	45	2:14:44	45	2:14:44	21.08	4:09:16	11:49	45	2:37:57	45	2:37:57
südlichster Punkt	5.28	43:01	8:08	39	18:42	39	18:42	26.36	4:52:17	11:05	45	2:56:24	45	2:56:24
Wechselstelle 3	3.99	34:37	8:40	39	33:51	39	33:51	30.35	5:26:54	10:46	45	3:12:44	45	3:12:44
Nordpark Erfurt	12.20	1:40:51	8:15	43	50:47	43	50:47	42.20	7:07:45	10:08	44	4:03:31	44	4:03:31