



1. Erfurter Campuslauf  
Erfurt / 02.07.2015

Detailed evaluation

Kölsch, Wolfgang

Club: Ostwest Express  
Number: 165

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 42:42

Speed: 14.05 km/h  
Running performance: 4:16 min/km

Rank in course/Total: 8 (of 51)

Rank in course/Men: 8 (of 37)

Best time in course: 34:16

Rank in category: 1(of 3)

Best time in the category: 42:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde 4	2.00	6:54	3:27	1	-	10	1:14	2.00	6:54	3:27	1	-	10	1:14
Runde 4	2.00	8:43	4:21	1	-	8	1:40	4.00	15:37	3:54	1	-	8	2:54
Runde 4	2.00	8:59	4:29	1	-	7	1:47	6.00	24:36	4:06	1	-	8	4:41
Runde 4	2.00	9:04	4:31	1	-	7	1:48	8.00	33:40	4:12	1	-	8	6:29
Finish	2.00	9:02	4:30	1	-	8	1:57	10.00	42:42	4:16	1	-	9	15:11