



# 1. Erfurter Campuslauf

Erfurt / 02.07.2015

## Detailed evaluation

**Nguyen, Timo**

Club: KMW

Number: 128

Course: 10.00 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 44:44

Speed: 13.41 km/h

Running performance: 4:28 min/km

Rank in course/Total: 11 (of 51)

Rank in course/Men: 11 (of 37)

Best time in course: 34:16

Rank in category: 7(of 19)

Best time in the category: 34:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde 4	2.00	7:13	3:36	10	1:33	15	1:33	2.00	7:13	3:36	10	1:33	15	1:33
Runde 4	2.00	9:08	4:33	8	2:05	13	2:05	4.00	16:21	4:05	9	3:38	14	3:38
Runde 4	2.00	9:26	4:43	7	2:14	11	2:14	6.00	25:47	4:17	8	5:52	13	5:52
Runde 4	2.00	9:35	4:47	7	2:19	11	2:19	8.00	35:22	4:25	7	8:11	11	8:11
Finish	2.00	9:22	4:41	8	2:17	12	2:17	10.00	44:44	4:28	7	10:28	12	17:13