



1. Erfurter Campuslauf

Erfurt / 02.07.2015

Detailed evaluation

Lux, Martin

Club: Universität Erfurt
Number: 124

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 45:29

Speed: 13.19 km/h
Running performance: 4:33 min/km

Rank in course/Total: 13 (of 51)

Rank in course/Men: 12 (of 37)

Best time in course: 34:16

Rank in category: 8(of 19)

Best time in the category: 34:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde 4	2.00	7:04	3:31	7	1:24	12	1:24	2.00	7:04	3:31	7	1:24	12	1:24
Runde 4	2.00	8:59	4:29	5	1:56	10	1:56	4.00	16:03	4:00	5	3:20	10	3:20
Runde 4	2.00	9:33	4:46	8	2:21	12	2:21	6.00	25:36	4:15	5	5:41	9	5:41
Runde 4	2.00	9:57	4:58	9	2:41	13	2:41	8.00	35:33	4:26	8	8:22	12	8:22
Finish	2.00	9:56	4:58	10	2:51	14	2:51	10.00	45:29	4:32	8	11:13	13	17:58