



1. Erfurter Campuslauf

Erfurt / 02.07.2015

Detailed evaluation

Schwalbe, Danny

Club: SV Schwabhausen
Number: 120

Course: 10.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 48:40

Speed: 12.33 km/h
Running performance: 4:52 min/km

Rank in course/Total: 18 (of 51)

Rank in course/Men: 15 (of 37)

Best time in course: 34:16

Rank in category: 2(of 3)

Best time in the category: 39:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Runde 4	2.00	7:48	3:53	2	24	1:49	2:08	2.00	7:48	3:53	2	24	1:49	2:08
Runde 4	2.00	10:03	5:01	2	26	2:06	3:00	4.00	17:51	4:27	2	26	3:55	5:08
Runde 4	2.00	10:09	5:04	2	16	1:56	2:57	6.00	28:00	4:40	2	19	5:51	8:05
Runde 4	2.00	10:30	5:15	2	16	1:55	3:14	8.00	38:30	4:48	2	16	7:46	11:19
Finish	2.00	10:10	5:04	2	16	1:18	3:05	10.00	48:40	4:51	2	16	9:04	21:09