



1. Erfurter Campuslauf

Erfurt / 02.07.2015

Detailed evaluation

Biller, Ansgar

Club: Universität Erfurt
Number: 103

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 49:29

Speed: 12.13 km/h
Running performance: 4:57 min/km

Rank in course/Total: 21 (of 51)

Rank in course/Men: 18 (of 37)

Best time in course: 34:16

Rank in category: 12(of 19)

Best time in the category: 34:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde 4	2.00	7:14	3:37	11	1:34	17	1:34	2.00	7:14	3:37	11	1:34	17	1:34
Runde 4	2.00	9:45	4:52	14	2:42	19	2:42	4.00	16:59	4:14	13	4:16	18	4:16
Runde 4	2.00	10:31	5:15	11	3:19	20	3:19	6.00	27:30	4:34	11	7:35	16	7:35
Runde 4	2.00	11:04	5:31	13	3:48	20	3:48	8.00	38:34	4:49	12	11:23	18	11:23
Finish	2.00	10:55	5:27	12	3:50	19	3:50	10.00	49:29	4:56	12	15:13	19	21:58