



1. Erfurter Campuslauf

Erfurt / 02.07.2015

Detailed evaluation

Ellinger, Dirk

Total time: 50:04

Club: DEHOGA Thüringen KOMPETENZZENTRUM Griesheim 98147

Speed: 19.6 km/h

Number: 147

Running performance: 5:01 min/km

Course: 10.00 km

Rank in course/Total: 23 (of 51)

Hauptlauf

Rank in course/Men: 20 (of 37)

Best time in course: 34:16

Category:

Rank in category: 2(of 3)

Senioren M50 (50-54 Jahre)

Best time in the category: 42:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde 4	2.00	7:41	3:50	2	0:47	22	2:01	2.00	7:41	3:50	2	0:47	22	2:01
Runde 4	2.00	9:58	4:59	2	1:15	25	2:55	4.00	17:39	4:24	2	2:02	23	4:56
Runde 4	2.00	10:28	5:14	2	1:29	19	3:16	6.00	28:07	4:41	2	3:31	22	8:12
Runde 4	2.00	10:59	5:29	2	1:55	19	3:43	8.00	39:06	4:53	2	5:26	21	11:55
Finish	2.00	10:58	5:29	2	1:56	21	3:53	10.00	50:04	5:00	2	7:22	21	22:33