



# 1. Erfurter Campuslauf

Erfurt / 02.07.2015

## Detailed evaluation

Gottschaemmer, Jens

Club: FH Erfurt  
Number: 123

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 51:33

Speed: 11.64 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 29 (of 51)

Rank in course/Men: 24 (of 37)

Best time in course: 34:16

Rank in category: 4(of 7)

Best time in the category: 41:11

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde 4	2.00	7:28	3:44	4	0:50	18	1:48	2.00	7:28	3:44	4	0:50	18	1:48	
Runde 4	2.00	10:09	5:04	4	1:42	27	3:06	4.00	17:37	4:24	4	2:30	22	4:54	
Runde 4	2.00	10:56	5:28	4	2:20	25	3:44	6.00	28:33	4:45	4	4:50	26	8:38	
Runde 4	2.00	11:14	5:36	3	2:23	23	3:58	8.00	39:47	4:58	4	7:13	24	12:36	
Finish	2.00	11:46	5:53	4	3:09	31	4:41	10.00	51:33	5:09	4	10:22	25	24:02	