



1. Erfurter Campuslauf

Erfurt / 02.07.2015

Detailed evaluation

Fischer, Frank

Club: Erfurt
Number: 136

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 51:47

Speed: 11.59 km/h
Running performance: 5:11 min/km

Rank in course/Total: 30 (of 51)

Rank in course/Men: 25 (of 37)

Best time in course: 34:16

Rank in category: 15(of 19)

Best time in the category: 34:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde 4	2.00	6:59	3:29	6	1:19	11	1:19	2.00	6:59	3:29	6	1:19	11	1:19
Runde 4	2.00	9:20	4:40	10	2:17	15	2:17	4.00	16:19	4:04	8	3:36	13	3:36
Runde 4	2.00	11:51	5:55	19	4:39	33	4:39	6.00	28:10	4:41	15	8:15	23	8:15
Runde 4	2.00	12:23	6:11	18	5:07	32	5:07	8.00	40:33	5:04	16	13:22	27	13:22
Finish	2.00	11:14	5:36	15	4:09	24	4:09	10.00	51:47	5:10	15	17:31	26	24:16