



1. Erfurter Campuslauf  
Erfurt / 02.07.2015

Detailed evaluation

Trappen, Maria

Club: Universität Jena  
Number: 166

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 53:46

Speed: 11.16 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 37 (of 51)  
Rank in course/Women: 6 (of 14)  
Best time in course: 45:16

Rank in category: 1(of 1)  
Best time in the category: 53:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde 4	2.00	8:15	4:07	1	-	7	1:17	2.00	8:15	4:07	1	-	7	1:17
Runde 4	2.00	10:34	5:16	1	-	7	1:45	4.00	18:49	4:42	1	-	7	2:46
Runde 4	2.00	11:18	5:39	1	-	7	2:06	6.00	30:07	5:01	1	-	6	4:52
Runde 4	2.00	11:40	5:49	1	-	6	1:49	8.00	41:47	5:13	1	-	6	6:41
Finish	2.00	11:59	5:59	1	-	8	2:05	10.00	53:46	5:22	1	-	7	9:57