



1. Erfurter Campuslauf

Erfurt / 02.07.2015

Detailed evaluation

Kämpfer, Martin

Club: SV Heringssalat
Number: 149

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 55:32

Speed: 10.80 km/h
Running performance: 5:33 min/km

Rank in course/Total: 43 (of 51)

Rank in course/Men: 34 (of 37)

Best time in course: 34:16

Rank in category: 19(of 19)

Best time in the category: 34:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde 4	2.00	8:14	4:06	18	2:34	34	2:34	2.00	8:14	4:06	18	2:34	34	2:34
Runde 4	2.00	10:31	5:15	18	3:28	32	3:28	4.00	18:45	4:41	17	6:02	31	6:02
Runde 4	2.00	11:45	5:52	18	4:33	32	4:33	6.00	30:30	5:04	19	10:35	33	10:35
Runde 4	2.00	12:37	6:18	19	5:21	33	5:21	8.00	43:07	5:23	19	15:56	33	15:56
Finish	2.00	12:25	6:12	18	5:20	33	5:20	10.00	55:32	5:33	19	21:16	35	28:01