



1. Erfurter Campuslauf

Erfurt / 02.07.2015

Detailed evaluation

Dornheim, Chris

Club: Universität Erfurt
Number: 105

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 52:45

Speed: 11.37 km/h
Running performance: 5:17 min/km

Rank in course/Total: 34 (of 51)

Rank in course/Men: 29 (of 37)

Best time in course: 34:16

Rank in category: 17(of 19)

Best time in the category: 34:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde 4	2.00	7:08	3:34	8	1:28	13	1:28	2.00	7:08	3:34	8	1:28	13	1:28
Runde 4	2.00	9:44	4:51	13	2:41	18	2:41	4.00	16:52	4:13	12	4:09	17	4:09
Runde 4	2.00	10:56	5:28	16	3:44	25	3:44	6.00	27:48	4:38	12	7:53	17	7:53
Runde 4	2.00	11:45	5:52	15	4:29	27	4:29	8.00	39:33	4:56	14	12:22	23	12:22
Finish	2.00	13:12	6:35	19	6:07	36	6:07	10.00	52:45	5:16	17	18:29	30	25:14