



Escha-Nordic Days

58553 Halver, Waldfreibad Herpine / 25.04.2015

Detailed evaluation

Krok, Sarah

Club: VfL Bochum 1848 Leichtathletik e.V.

Number: 7050

Course: 7.00 km

Nordic Walking kurz

Total time:

Speed: 6.24 km/h

Course score: 7.00

performance score: 68 Points