



21. Hainich-Lauf
Mihla / 01.05.2015

Detailed evaluation

Dinkel, Katrin

Club: SV Normania Trefurt
Number: 235

Course: 13.00 km
Mittelstrecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:09:11

Speed: 11.27 km/h
Running performance: 5:19 min/km

Rank in course/Total: 31 (of 58)
Rank in course/Women: 3 (of 13)
Best time in course: 54:51

Rank in category: 1(of 3)
Best time in the category: 1:09:11