



21. Hainich-Lauf  
Mihla / 01.05.2015

## Detailed evaluation

Märten, Michael

Number: 244

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:10:02

Speed: 11.14 km/h

Running performance: 5:23 min/km

Rank in course/Total: 33 (of 58)

Rank in course/Men: 30 (of 45)

Best time in course: 49:21

Rank in category: 5(of 6)

Best time in the category: 57:30