



21. Hainich-Lauf  
Mihla / 01.05.2015

## Detailed evaluation

**Kraußer, Michael**

Club: Eisenach  
Number: 232

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:13:05

Speed: 10.67 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 37 (of 58)

Rank in course/Men: 34 (of 45)

Best time in course: 49:21

Rank in category: 4(of 5)

Best time in the category: 1:00:32