



21. Hainich-Lauf
Mihla / 01.05.2015

Detailed evaluation

Gerlach, Astrid

Club: SV Blau-Weiß 90 Kreuzburg
Number: 405

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:55:50

Speed: 10.88 km/h
Running performance: 5:29 min/km

Rank in course/Total: 29 (of 42)

Rank in course/Women: 3 (of 9)

Best time in course: 1:35:15

Rank in category: 2(of 4)

Best time in the category: 1:53:49