



21. Hainich-Lauf  
Mihla / 01.05.2015

## Detailed evaluation

**Zeisse, Saimen**

Club: SG Poseidon Eppelheim  
Number: 427

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:10:50

Speed: 9.63 km/h  
Running performance: 6:12 min/km

Rank in course/Total: 38 (of 42)

Rank in course/Men: 31 (of 33)

Best time in course: 1:30:02

Rank in category: 7(of 7)

Best time in the category: 1:32:42