



21. Hainich-Lauf
Mihla / 01.05.2015

Detailed evaluation

Spangenberg, Andreas

Club: 1. Eichsfelder Sportclub
Number: 126

Course: 6.60 km
Kurzstrecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 27:33

Speed: 13.07 km/h
Running performance: 4:10 min/km

Rank in course/Total: 5 (of 48)

Rank in course/Men: 5 (of 36)

Best time in course: 23:30

Rank in category: 1(of 4)

Best time in the category: 27:33